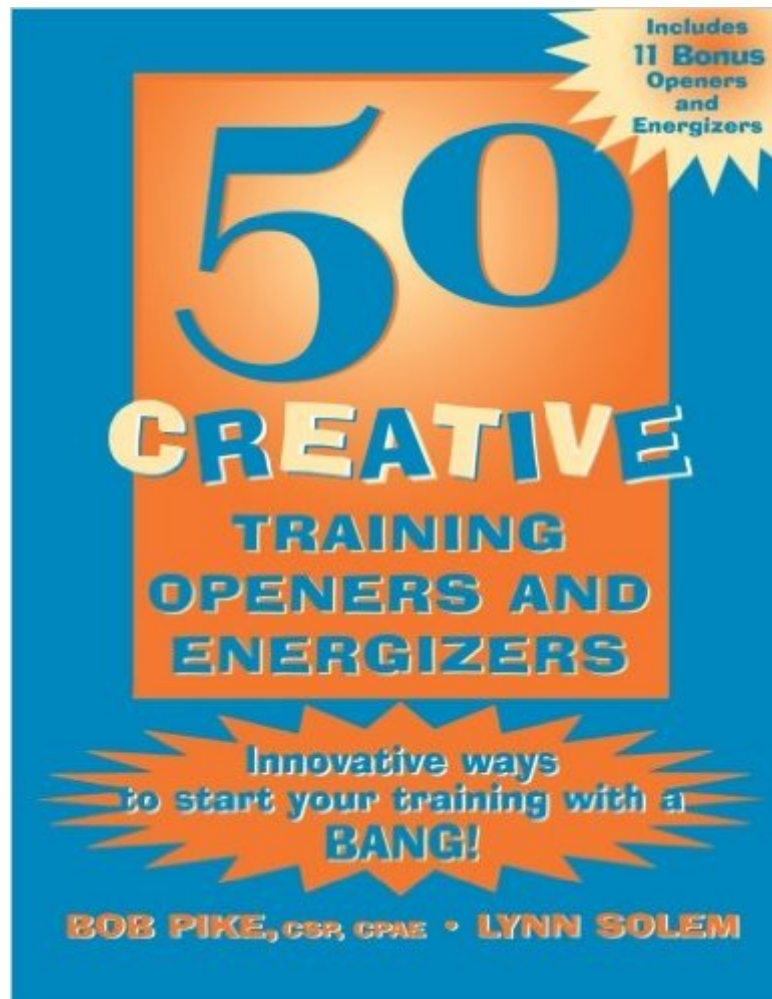


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# 50 Creative Training Openers And Energizers



## Synopsis

Open your next training session with a BANG! One of the hardest tasks you'll face as a trainer is pulling participants' thoughts away from their daily duties long enough to engage them in your training. According to training master Bob Pike, two of the most important learning concepts are "primacy" and "recency." People don't remember middles; they remember beginnings ("primacy") and ends ("recency"). That's why, if you want your training to be a success, you have to gain their attention as soon as they walk in the door. Following up on the success of *50 Creative Training Closers*, the most trusted and recognized names in training bring you *50 Creative Training Openers and Energizers*. These lively, interactive session openers, ice breakers, and attention grabbers are what you need to inspire continued application, learning, and skill development. And you don't have to be a professional trainer to use this collection--business presenters and educators of all kinds can immediately incorporate these creative designs into their work.

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (7 customer reviews)

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## Customer Reviews

Honestly, I have no time for activities/events when I train or facilitate meetings that accomplish only one goal. So I look for things that simultaneously meet multiple needs, or desires. This book contains 61 such tools. Pike and Solem write clear, concise directions for each opener or energizer. With very little effort, each can be adapted to different needs by changing questions. (Instead of asking "What is your favourite hobby," for example, you can ask "What skill do you most use on the job?") In the opening pages, they provide a matrix so you can identify at a glance whether an

activity is most useful as an Icebreaker, Networker, Team Builder, Task Tension Reducer, Relationship Tension Reducer, Personal Tension Reducer, or Focussing Activity. Better yet, each of the 61 activities falls into a minimum of three of these categories--accomplishing multiple goals for me in my meetings and trainings. The nine-page introduction offers hints and tips from Pike & Solems' years of experience. The combination of the matrix and the introduction are incredible added value. I have been consistently pleased with the results I get from these activities. The four-quadrant name-tent, dreams and nightmares, group milling, and uniqueness and commonalities are consistently useful for me. I have no hesitation in recommending this book to trainers and meeting facilitators.

Having ordered several of Robert Pike's in the 90s I was looking forward to new ideas. Unfortunately, this was not the book for that. If you have not done training before this might be helpful. Pike's earlier books were more useful to me.

This is a great resource of quick, easy to use activities. I love that it's not only useful to me as a training professional, but its also a resource I can share with managers looking for activities to use with their teams. You don't have to be a trainer to use and understand how to facilitate these, which makes them awesome in my book!

This book has many energizers and openers that are very effective. They are easy to plan and prepare for, and different than most I have been exposed to in the past.

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